BENET ACADEMY Junior High and Elementary

SUMMER VOLLEYBALL CAMPS 2014

For girls entering 2nd Grade thru 8th Grade

- Up to date Techniques ~ All Skills ~ New Drills ~ Conditioning ~ Game Play
- Meet High School Coaches ~ Train with Top High School Players ~ Learn from Experienced Coaches
- HAVE FUN ~ CHALLENGE YOURSELF ~ LEARN TO COMPETE

Camp Option 1: Tuesday, June 10 - Friday, June 13 2:00-8:00 pm

Camp Option 2: Monday, July 14 - Thursday, July 17 2:00-8:00 pm

~ Benet Academy Main Gym: 5th – 8th Grade~ ~Benet Academy Small Gym: 2nd – 4th Grade~

Camp Cost: \$255.00 or \$400.00 for both weeks

(\$225.00 if you register before May 1st)

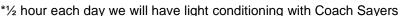
Camp Breakdown

2 hours Skills Instruction – Individual Work

30 minute Snack Break

2 hours Team Drills – Scrimmages

30 minute Snack (provided)
1 hour Tournament



*1/2 hour each day "teams" will do a fun activity - scavenger hunt, team building exercises & signing shirts

**Elementary players will have age appropriate drills and activities and will play with lighter balls.

Campers will receive:

Organized Instruction Daily Snack

Individualized Skill Assessment/Evaluations Camp T-Shirt / Prizes

Items to bring to camp: Water, Snacks, Gym Shoes, Kneepads, Extra Socks/T-Shirt, and a Good Attitude!

Camp Directors

<u>Terri Zemaitis-Boumans</u> is a 3 time NCAA All-American and former member of the USA National Volleyball Team. <u>Bonnie Bremner-Pettigrew</u> is a 4 time NCAA All-American and captain of the 1999 Penn State Women's Volleyball National Championship team.

Kim Sayers is the Freshmen A and B Team Benet Academy Coach for 8 years and personal trainer.

<u>Brad Baker</u> is entering his eighth year as the Head Varsity Coach at Benet Academy and has led his team to an IL State Championship 2 times!

Collegiate and High School Players will be court coaches for the camp.

Please fill out the registration form on the back and mail it to:

Terri Boumans - 11 S 556 Book Rd. Naperville, IL 60564

Make checks out to: Terri Boumans

YOU WILL RECEIVE AN EMAIL AS CONFIRMATION OF REGISTRATION





BENET ACADEMY

SUMMER VOLLEYBALL CAMP 2014

~ REGISTRATION FORM ~

Ontion 2

Roth

Ontion 1

Camp (Please Circle):	Option 1 (June 10-13 2-8pm)	Option 2 (July 14-17 2-8pm)	Both (June & July)	
Player's Name				
Grade				
School				
Home Address				
Parent's Cell (Emergence	cy Number)			
E-mail Address				
Player T-Shirt Size (Circ	ele one)			
Youth Medium Youth	n Large Adult Small	Adult Medium	Adult Large	
Parent's Name			_	
child has no medical cond	for my daughter to attend E ition that would interfere with nd the coaching staff from a	h her participation.	-	Му
Parent/Guardian Signature	e	Date	_	
Amount Paid				
Check No No refunds or credits	Mail Campulated Farms	and Charleton		

Mail Completed Form and Check to:

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