

All Saints Catholic Academy's Peanut/Tree Nut Free Approved Snack List 2014/2015

The approved snack list is included below. **NO EXCEPTIONS PLEASE.** We ask that your choices for snacks provide nutrition and energy wherever possible. No peanuts/tree nuts or foods containing peanuts/tree nuts are to be sent to school because of life-threatening food allergies. Please **READ THE INGREDIENT LIST** and any fine print right under (or off to the side of) the ingredient list. **Items produced on the same equipment or processed in the same facility as nut-containing products** may contain traces of nuts and **WILL** cause an allergic reaction in most children with a peanut/tree nut allergy. Also, ingredient lists, production equipment or facilities may change at any time causing new cross-contamination statements on products. **The School reserves the right to further restrict or modify the snack list for individual classrooms with children who have other severe food allergies or dietary concerns.**

Brand	Product	Store Availability in Pre-Packaged Individual Serving
Fruit & Vegetables	Whole or cut (may be in your own plastic bag)	
Turkey & Chicken	May be in your own plastic bag, no marbled meats, no condiments or bread	
Yogurt	Containers, tubes, drinkables	
Cheese	Slices/string cheese (may be in your own plastic bag)	
Applesauce, Fruit Cups	Applesauce cups, mashed fruit tubes, or other fruit cups	
Raisins		
Annie's Homegrown, Inc.	Cheddar Bunnies Bunny Graham Friends Honey Bunny Graham's Fruit Snacks	Target Jewel Dominick's Whole Foods
Archer Farms	Fruit Snacks/Strips	Target
Back to Nature	Crispy Cheddar Crackers Honey Graham Sticks Crispy Wheat Crackers	Jewel Target Whole Foods
ConAgra Foods	Slim Jim Slim Jim Pepperoni and Cheese Snack Pack Puddings (Snack Pack Vanilla, Chocolate)	Jewel (convenience stores)
Enjoy Life	Chewy Bars (Sunbutter Crunch, Caramel Apple, Cocoa Loco, Very Berry)	Jewel, WalMart Whole Foods Meijer, Target Fruitful Yield
Frito Lay	Sun Chips, ORIGINAL ONLY Baked Lays Potato Crisps Lays Potato Chips Fritos Corn Chips	Jewel Dominick's Target
Jell-O (Kraft)	Chocolate Pudding, Chocolate Vanilla Swirls Pudding, Vanilla Pudding	Dominick's , Jewel
Kashi	Soft-baked cereal bars (Ripe Strawberry, Blackberry Graham, Cherry Vanilla)	Target, Jewel Casey's
Keebler	Scooby-Doo Graham Cracker Sticks	Jewel Sam's , Costco
Kellogg's	Nutri-Grain Fruit Breakfast Bars Fruit Snacks Special K Cereal Bars (Strawberry, Blueberry, Peaches & Berries, Vanilla Crisp, Chocolatey Drizzle) (NOT PASTRY BARS)	Jewel Dominick's Target Casey's
Kraft	Handi-Snacks (Crackers and Cheese, Breadsticks and Cheese)	Jewel, Dominick's Target, WalMart
Nabisco	Belvita – breakfast bars (Golden Oat, Apple Cinnamon, Blueberry, Chocolate, Cinnamon Brown Sugar) Angry Birds graham crackers Oreo Thin Crisps - 100 Cal Teddy Graham's (no chocolate chip) Fig Newton bars/cookies, Wheat Thins	Target Jewel Dominick's

All Saints Catholic Academy's Peanut/Tree Nut Free Approved Snack List 2014/2015

The approved snack list is included below. **NO EXCEPTIONS PLEASE.** We ask that your choices for snacks provide nutrition and energy wherever possible. No peanuts/tree nuts or foods containing peanuts/tree nuts are to be sent to school because of life-threatening food allergies. Please **READ THE INGREDIENT LIST** and any fine print right under (or off to the side of) the ingredient list. **Items produced on the same equipment or processed in the same facility as nut-containing products** may contain traces of nuts and **WILL** cause an allergic reaction in most children with a peanut/tree nut allergy. Also, ingredient lists, production equipment or facilities may change at any time causing new cross-contamination statements on products. **The School reserves the right to further restrict or modify the snack list for individual classrooms with children who have other severe food allergies or dietary concerns.**

Ocean Spray	Craisins (Original, Pomegranate, Blueberry, Cherry, NO TRAIL MIX and NO CHOCOLATE COVERED RAISINS)	Jewel, Target Dominick's, Meijers Walgreens, WalMart
Pepperidge Farm	Goldfish Crackers	Jewel, Dominick's Target, Casey's
Peter Rabbit Organics	Apple and Grape/Mango, Banana and Orange Strawberry and Banana/ Peach and Apple/ Pear and Apple/ Banana and Apple/ Sweet Potato, Corn and Apple/ Carrot, Squash and Apple/ Pea, Spinach and Apple/ Pea and Pear/ Pumpkin, Carrot and Apple	Whole Foods, Amazon
Plum Kids Organics	<u>Mashups</u> (Beetbox Berry, Blueberry Blitz, Carrot Chop, Berry, Green Apple, Strawberry Banana, Tropical, Grape, Maple Banana, Oatmeal Raisin, Raspberry Swirl) <u>Yogurt Mashups</u> (Cherry Vanilla, Orange Cream, Strawberry Lemonade) <u>Shredz</u> (Peach Peelz, Rooty Blues, Super Apple, Berry'licious) <u>Yo' Drops</u> (Berry Blast, Mango Mania, Strawberry Banana-rama)	Target Whole Foods Dominicks
Quaker	Snack'ems - Oatmeal Squares (Cinnamon, Brown Sugar) and Life (Apple Cinnamon Crunchtime)	Target
Rold Gold (Frito Lay)	Pretzels ONLY – individual size	Sam's Club (box of 50) Jewel, Costco, Walgreens
Sensible Portions	Garden Veggie Straws-Sea Salt Garden Veggie Chips-Sea Salt (NO ZESTY RANCH)	Costco (variety pack)
Skinny Pop	Popcorn (100 calorie bags)	Target, Jewel Casey's
Snack Factory	Pretzel Crisps (ORIGINAL ONLY)	Jewel Target
Stacy's	Stacy's Pita Chips - Simply Naked ONLY (ONLY Simply Naked - No other versions of Pita Chips and NO Pita Crisps, NO Bagel Chips, or NO Pretzel Thins)	Target
Sunshine	Cheez-it crackers	
Trader Joe's	Lite Kettle Corn (pack of 6 – 1 oz bags) Crushers – Apple Sauce, Pear Sauce	Trader Joe's