



# *Language of Sacred Movement*

**Experience an Evening of Awakening your Soul, Spirit,  
Mind and Body in Sacred Gestures**

The ***Language of Movement*** as an integral part of Catholic Liturgies can recreate, revitalize, and renew God's Presence within and around us.

Together the participants will -

- ✚ **RENEW** their understanding of Mass Movements
- ✚ **LEARN** the whys of many liturgical sacred gestures
- ✚ **PRAY** the MAGNIFICAT with creative moves and other songs
- ✚ **EXPERIENCE** ordinary liturgical gestures as extraordinary movements

**St Thomas the Apostle Parish  
1500 Brookdale Rd, Naperville, IL 60563  
Tuesday November 18, 2014  
7:30pm - 9:00pm**

***RSVP Marge Coronado 630-355-8980 ext. 118 by November 14th***

The music of John Michael Talbot will be used to enhance the spirit of this workshop.

Judy R. Zeno, the presenter, is a parishioner of St Thomas Parish and has had many experiences in liturgical movement, music and contemplative prayer.

*"The Glory of God is a Human Being FULLY ALIVE" St. Irenaeus*