

## Health

This program incorporates lunch (brought in by your child). The children learn good table manners, foods that are nutritious, and what foods should be eaten in moderation. They learn cooperation by working together to set up for lunch and clean up afterwards. A formal health unit, “My Body and Me” is also included.

## Music

Our children enjoy daily music through singing, drumming, and rhythms. Your child will learn basic note recognition. Many different instruments are available in the classroom for your child to explore.



## Physical Education

Our program is unique because we incorporate large motor activities on a daily basis. We include jump ropes, hula hoops, wheel boards, relay races, parachute play, dancing to music, and outdoor play, but the most beloved is our formal weekly yoga class.

## Social / Emotional Development

Integral to our program is free play time. This is an opportunity for your child to learn to share toys and play with other children. We closely monitor social interaction between the students and encourage the children to correct any difficulties by using words. This is a life skill that is great to learn at an early age.

**We exceed the requirements of  
The Illinois Learning Standards!**



EXCELLENCE GROUNDED IN FAITH

## *Pre-Kindergarten Program*

*Monday-Friday*

*9:00AM—1:00PM*

### **St. Elizabeth Seton Campus**

87th and Lisson  
Naperville, Illinois

Sandy Renehan, Principal

Linda Spitz, Teacher

Judy Peters, Associate

(630) 961-6125  
[www.ascacademy.org](http://www.ascacademy.org)

## Religion

Our students study the Gospel reading for the upcoming Sunday. We visit the church each Friday to pray and listen to stories pertaining to the liturgical season. We also include a visit to the Saints mural in the back of the church. We emphasize learning how to express our Catholic faith—genuflection, blessing ourselves with holy water, making the sign of the cross, etc.

Back in the classroom, Bible stories are shared using a set of wood figurines called “Godly Play”. Each day we say morning, lunch, and final prayers.

## Math

Math is integrated throughout our curriculum. Students study problem solving and patterns. We also discuss estimating and probability. Hands-on manipulatives and other math toys help develop numerical and reasoning skills.

## Reading

Students are exposed to literature and work towards comprehension and knowledge of sight words.



Your child will learn to recognize letters and their sounds. Daily use of the calendar will have your child singing days of the week, month, and weather songs. Pre-reading skills will be developed.

Heart Words, words that we learn *by heart*, are incorporated into our themes and calendar. Your child will be delighted to find these words in daily conversation.

American Sign language is taught each day. By mid-year your child will be able to sign the entire alphabet and many phrases. By year end, they will learn to sign the songs they sing.

## Writing

Writing is done each day. Packets of daily table work are sent home at the end of each month. You will then be able to chart your child's progress. Children are treated as individuals and are encouraged to develop at their own rate.

## Science

We have fun learning activities that are often hands-on. The life-sciences are emphasized. Many experiments overlap with math, literature and art.

